



# Office for Senior Resources Carmel Friendship Center

October 2020 — Menu

For more information  
about our Programs &  
Services, please call  
(845) 808-1700 x47100  
Visit our website at  
[putnamcountyny.gov/osr](http://putnamcountyny.gov/osr)

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730


**Mon**

**Tue**

**Wed**

**Thur**

**Fri**

			1 POTATO CRUSTED POLLOCK SWEET POTATO NUGGETS OR CHEESE PIZZA PEAS AND ONIONS PINEAPPLE	2 ROAST TURKEY W/ GRAVY CRANBERRY SAUCE MASHED POTATOES CARROTS GRAPES
5 BEEF STROGANOFF NOODLES BRUSSEL SPROUTS BANANA	6 TURKEY CHILI CON CARNE OVER RICE CARROTS BIRTHDAY TREAT	7 BAKED SALMON W/ LEMON AND DILL CORN O'BRIEN BROCCOLI MELON	8 ROAST CHICKEN W/ GRAVY FRUITED RICE PILAF CAULIFLOWER CLEMENTINE	9 ROAST PORK LOIN W/ APPLESAUCE FRESH YAM GREEN BEANS APPLE
12 <b>CLOSED FOR HOLIDAY COLUMBUS DAY</b> 	13 LINGUINI W/ CLAM SAUCE BROCCOLI ORANGE	14 TURKEY MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES BEETS GRAPES	15 FRENCH DIP SANDWICH CARROTS APPLE	16 CHICKEN LOUIE FRESH YAM CAULIFLOWER W/ PARSLEY BROWNIE
19 BUTTER CRUMB COD W/ SPANISH RICE OR CHEESE PIZZA GREEN BEANS APPLE PIE	20 CHICKEN SCHWARMA LEMON ORZO ZUCCHINI CLEMENTINE	21 FIESTA PORK ROAST FRESH YAM BRUSSEL SPROUTS BANANA	22 CHICKEN CACCIATORE PENNE W/ TOMATO SAUCE BROCCOLI MELON	23 ROAST BEEF W/ GRAVY MASHED POTATOES SPINACH PINEAPPLE
26 HOT DOG ON BUN BAKED BEANS BROCCOLI GRAPES	27 SALISBURY STEAK W/ GRAVY MASHED POTATOES CARROTS APPLE	28 CHICKEN PARMESAN WG PENNE W/ TOMATO SAUCE GREEN BEANS ORANGE	29 BAKED HALIBUT W/ LEMON AND DILL OVEN ROASTED POTATOES SPINACH APPLE FILLED COOKIE	30 CHEESE OMELET STEWED TOMATOES SAUSAGE CROSSIANT BANANA

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!  
NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!

\*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.