Office for Senior Resources
Friendship Center in Philipstown
October 2020 — Menu

Philipstown…808-1705 Mahopac…808-1738 Carmel…808-1701 Putnam Valley…808-1730

Mon	Tue	Wed	Thu	Fri
			1 POTATO CRUSTED POLLOCK SWEET POTATO NUGGETS OR CHEESE PIZZA PEAS AND ONIONS PINEAPPLE	**2** ROAST TURKEY W/ GRAVY CRANBERRY SAUCE MASHED POTATOES CARROTS GRAPES
5 BEEF STROGANOFF NOODLES BRUSSEL SPROUTS BANANA	**6** TURKEY CHILI CON CARNE OVER RICE CARROTS BIRTHDAY TREAT	**7** BAKED SALMON W/ LEMON AND DILL CORN O'BRIEN BROCCOLI MELON	**8** ROAST CHICKEN W/ GRAVY FRUITED RICE PILAF CAULIFLOWER CLEMENTINE	**9** ROAST PORK LOIN W/ APPLESAUCE FRESH YAM GREEN BEANS APPLE
12 **CLOSED FOR HOLIDAY COLUMBUS DAY**	**13** LINGUINI W/ CLAM SAUCE BROCCOLI ORANGE	**14** TURKEY MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES BEETS GRAPES	**15** FRENCH DIP SANDWICH CARROTS APPLE	**16** CHICKEN LOUIE FRESH YAM CAULIFLOWER W/ PARSLEY BROWNIE
19 BUTTER CRUMB COD W/ SPANISH RICE OR CHEESE PIZZA GREEN BEANS APPLE PIE	**20** CHICKEN SCHWARMA LEMON ORZO ZUCCHINI CLEMENTINE	**21** FIESTA PORK ROAST FRESH YAM BRUSSEL SPROUTS BANANA	**22** CHICKEN CACCIATORE PENNE W/ TOMATO SAUCE BROCCOLI MELON	**23** ROAST BEEF W/ GRAVY MASHED POTATOES SPINACH PINEAPPLE
26 HOT DOG ON BUN BAKED BEANS BROCCOLI GRAPES	**27** SALISBURY STEAK W/ GRAVY MASHED POTATOES CARROTS APPLE	**28** CHICKEN PARMESAN WG PENNE W/ TOMATO SAUCE GREEN BEANS ORANGE	**29** BAKED HALIBUT W/ LEMON AND DILL OVEN ROASTED POTATOES SPINACH APPLE FILLED COOKIE	**30** CHEESE OMELET STEWED TOMATOES SAUSAGE CROSSIANT BANANA

*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.

*SUGGESTED CONTRIBUTION FOR MEALS $2.50…..$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!

NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!