



Office for Senior Resources Carmel Friendship Center

July 2020 – Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.gov/osr

Mon	Tue	Wed	Thur	Fri
		1 CHEESE RAVIOLI W/ TOMATO SAUCE FARM FRESH VEGETABLES TOSSED SALAD GARLIC BREAD STICK FRESH ORANGE	2 TURKEY SANDWICH W/ PESTO MAYONNAISE FARMER'S MARKET SALAD MELON	3 CLOSED FOR HOLIDAY HAPPY 4TH OF JULY
6 BBQ RIB PATTY ON ROLL OVEN FRIES FARM FRESH VEGETABLES FRESH PINEAPPLE	7 SALISBURY STEAK W/ MUSHROOM GRAVY MASHED POTATOES SPINACH BIRTHDAY TREAT	8 CHICKEN LOUIE CORN O'BRIEN FARM FRESH VEGETABLES MIXED FRESH FRUIT	9 BUTTER CRUMB COD W/ SPANISH RICE OR CHEESE PIZZA FARM FRESH VEGETABLES FRESH APPLE	10 TURKEY SALAD ON RYE GREEK PASTA SALAD GRAPES
13 CHEESE OMELET SAUSAGE HASH BROWN PATTY STEWED TOMATOES BANANA	14 TURKEY MEATLOAF W/ GRAVY MASHED POTATOES FARM FRESH VEGETABLES GRAPES	15 ROAST PORK W/ STEAMED ONIONS FRESH SWEET POTATO FARM FRESH VEGETABLES FRESH PINEAPPLE	16 FRENCH DIP SANDWICH FARM FRESH VEGETABLES MACARONI SALAD PEACH PIE	17 POTATO CRUSTED POLLACK W/ BAKED POTATO OR CHEESE PIZZA FARM FRESH VEGETABLES MELON
20 ROAST TURKEY W/ GRAVY FRESH SWEET POTATO FARM FRESH VEGETABLES FRESH APPLE	21 RADICALLY ROAST BEEF SANDWICH ITALIAN BLACK BEAN SALAD TOSSED SALAD FRESH ORANGE	22 BAKED SALMON W/ BAKED POTATO OR CHEESE PIZZA FARM FRESH VEGETABLES FRESH PEACH	23 CHICKEN APPLE BACON BURGER SWEET POTATO NUGGETS FARM FRESH VEGETABLES BANANA	24 GREEK MARINATED PORK BROWN RICE PILAF FARM FRESH VEGETABLES BROWNIE
27 SPAGHETTI W/ MEAT SAUCE FARM FRESH VEGETABLES TOSSED SALAD/ GARLIC KNOT FRESH PEACH	28 CHILI CILANTRO SEASONED CHICKEN FRESH SWEET POTATO FARM FRESH VEGETABLES MELON	29 EGG SALAD SANDWICH W/ LETTUCE AND TOMATO CUCUMBER SALAD BEET-ORANGE SALAD BUTTERSCOTCH PUDDING	30 TURKEY CHILI W/ BEANS RICE FARM FRESH VEGETABLES FRESH PINEAPPLE	31 PEPPER STEAK NOODLES FARM FRESH VEGETABLES FRESH APPLE

**SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!
NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!**