



## **IMPORTANT: COVID-19 INFORMATION FOR NURSING HOME HEALTH CARE PERSONNEL**

**For all Putnam County NURSING HOME Health Care Personnel:**

**DEVELOP SYMPTOMS of COVID-19 such as a cough, fever, shortness of breath, muscle aches, diarrhea, or loss of smell/ taste you MUST:**

- Assume you are COVID-19 positive even if you have not had a test.
- Remove yourself from the workplace at the first sign of illness
- Isolate at home and away from other people (in public and your household) for AT LEAST:
  - 14 days since your symptoms first appeared AND;
  - 3 days (72 hours) without a fever and without taking fever-reducing medication AND;
  - The other symptoms (see above) have improved.
- You can leave isolation and may return to work when ALL three conditions above are met and you have tested negative for COVID-19.
- Once back at work you should:
  - Wear a mask at work throughout this pandemic.

**POSITIVE TEST for COVID-19 and have NO symptoms (see above) you MUST:**

- Remove yourself from the workplace immediately.
- You MUST, by 'Commissioner's Isolation Order', isolate at home and stay away from other people (in public and your household) for AT LEAST:
  - 14 full days since the date you were tested.
  - You have tested negative for COVID-19.
- Once back at work you should:
  - Wear a mask at work throughout this pandemic.