

WHAT YOU NEED TO KNOW: CLOTH FACE COVERINGS

A homemade face covering may slow the spread of the virus and help prevent transmission by people who may have the virus and do not know it.

A face covering is any well-secured paper or cloth, like a bandana or scarf, that covers your mouth and nose.

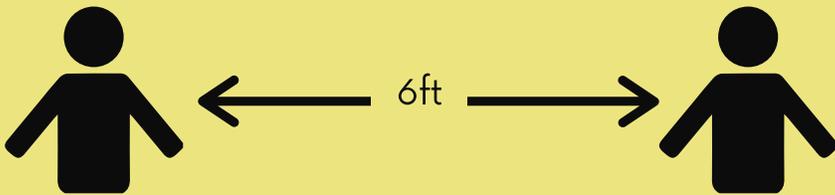


N95 and surgical masks should still be reserved for healthcare workers and other medical first responders.

CLOTH FACE COVERINGS SHOULD:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Practice the six-feet-of-separation rule, even with a face covering.



For some, a face covering may have a hidden benefit—to help reduce the number of times they touch their face or rub their eyes or nose. For others, wearing a face covering may CAUSE them to touch their face.

Face coverings are not recommended for certain people, such as children under 2 or those that are unable to place and to remove the mask PROPERLY by themselves.