



# Recognizing Measles

## What are the symptoms of measles?

Symptoms usually appear 7-14 days after exposure but can take as long as 21 days. The first symptoms are usually:

- High fever and one or more of the following:
  - Cough
  - Runny nose
  - Red watery eyes
  - Rash
    - Small red spots, some of which are slightly raised.
    - Spots and bumps in tight clusters give the skin a splotchy red appearance.
    - Usually appears 2 to 4 days after the fever begins and lasts 5 to 6 days.
    - Begins at the hairline, moves to the face and neck, down the body and then to the arms and legs.

## What steps should be taken if an individual has symptoms of measles?

1. **Immediately isolate the individual.**
  - Attend to camper’s immediate medical needs. Call the healthcare provider or emergency department before seeking care.
  - Place individual in a private room with a door that closes, if possible.
  - Restrict susceptible individuals from entering the space.
2. **If you haven’t already, contact the camp health director**
3. **Determine individual’s immunity status**
4. **Call the Putnam County Department of Health**

[health.ny.gov/measles](http://health.ny.gov/measles)  
[putnamcountyny.gov/measles](http://putnamcountyny.gov/measles)

Call the Putnam Health Department at ( ) - between \_\_\_ : \_\_\_ a.m.  
and \_\_\_ : \_\_\_ p.m. weekdays, or ( ) - after hours, weekends, and holidays.



**Putnam County Department of Health**

A PHAB-ACCREDITED HEALTH DEPARTMENT



**Department  
of Health**