



845 628 3924
719 Route 6, Mahopac, NY
beeandjay.com



If all else fails,
take a bath!

Don't Let a Leak
Stop Your
Bath Time

Call Bee & Jay
For All Your
Plumbing &
Water Treatment
Needs

854-628-3924

Take \$25.00 Off Your Next Service Call

STD rate rises steeply in Putnam County

The rate of the sexually transmitted disease chlamydia has been rising dramatically in Putnam County in comparison to both the national average and New York State (without New York City). Over eight years, from 2006 to 2014, Putnam's rate has increased more than 200 percent, compared to 32 percent in the country and 38 percent in the state.

"Rates are measured in number of cases per 100,000 people and while we still have lower case numbers, the rate of increase is alarming," said Michael J. Nesheiwat, M.D., interim commissioner of health for Putnam County. "This is something we really need to raise awareness about. So it's fitting that April is STD Awareness Month, a time set aside to do just that. With increased knowledge and awareness, we can focus on early diagnosis, treatment and prevention. This means not only educating the public, but physicians as well."

In addition to chlamydia, sexu-

*While we still
have lower case
numbers, the
rate of increase is
alarming*

Michael J. Nesheiwat,
M.D.
Interim Commissioner
of Health for Putnam
County

ally transmitted diseases that must be reported to the health department by physicians also include gonorrhea and syphilis. All three can result in hospitalization and affect people of all ages. Chlamydia and gonorrhea especially take a heavier toll on young people, particularly women. The effects can be severe because many of these infections can go unnoticed or ignored, and therefore untreated. Pelvic inflammatory disease and

infertility are serious long-term problems that may result if not treated early with the proper antibiotics. Syphilis, the less common of the three but potentially fatal, has surged in recent years, particularly among men in NYS. In Putnam County, there are 10 total confirmed cases so far this year—more than all the cases last year.

The good news is that all STDs—and there are quite a few, including the more well-known HIV, herpes, HPV and trichomoniasis—can be prevented with the proper use of latex condoms.

Primary care providers can test and prescribe the right antibiotic treatment. For those who are under- or uninsured, Putnam County's federally qualified health center Open Door provides these services on a sliding scale. The office is located at 155 Main St. in Brewster. The phone number is 845-279-6999.

[This article was provided by the Putnam County Department of Health.]



Shorten your time
in braces or Invisalign®
by 50%



using an FDA approved device.

PAYMENTS
as low as
\$99
a month

With approved credit.
New patients ONLY.
Expires 5/31/16.

COMPLIMENTARY
**Digital
X-rays
& Photos**

(Valued at \$400)
Cannot be used with insurance plans. New patients ONLY.
Expires 5/31/16.
With coupon ONLY.

Braces or Invisalign®
Treatment Special
\$800
OFF

Cannot be combined with complimentary x-rays & photos.
New patients ONLY.
Expires 5/31/16.
With coupon ONLY.

PUTNAM ORTHODONTICS

Dr Satish Pai DDS, MS, Columbia University
NY Ivy League Trained Orthodontist

Top Reasons to Choose Putnam Orthodontics:

1. Reduce your orthodontic treatment time by 50% using accelerated orthodontics. 50% is better than 35%
2. Straighten your teeth without removal of adult teeth or Expanders.
3. Braces or Invisalign® without missing work or school guaranteed. After school, after work and Saturday appointments available.
4. Advanced treatment options including Damon braces, Invisalign®, 3D imaging and digital scanners.

Carmel, NY | 845-363-6405 (Putnam County)

Ossining, NY | 914-361-4420 (Westchester County)

PutnamOrthodontics.com

The Lake Mahopac Rotary Club presents

DOO-WOP ROCK & ROLL OLDIES SHOW!



Shirley Alston
Reeves
"Will You
Still Love Me
Tomorrow" /
"Soldier Boy" /
"Mamma Said"



Larry Chance & The Earls
"Remember Then"



Bob Miranda & The Happenings
"See You In
September" /
"I Got Rhythm"

FRIDAY, MAY 6TH

Mahopac High School 7:00PM

421 Baldwin Place Road, Mahopac

EVENT SPONSORS:

Gold Sponsor: PCSB Bank, Silver Sponsor: Tompkins Mahopac Bank. Additional sponsors include The Dwyer Agency, Joseph J. Smith Funeral Home, Town of Carmel PBA, Mahopac News, Buccì Brothers Deli & Catering.

Tickets \$30 in advance • \$35 at the door Purchase at PCSB Bank (Mahopac), Buccì Brothers Deli & Catering, & Tompkins Mahopac Bank (Mahopac).

For more information: visit lakemahopacrotary.org
e-mail lakemahopacrotaryclub@gmail.com • or call (914) 588-0394