



September

Office for Senior Resources  
**William Koehler Senior Center**  
 September 2023 — Menu

Mahopac...808-1738 Carmel...808-1701 Philipstown...808-1705 Putnam Valley...808-1730

For more information about our Programs & Services, please call (845) 808-1700 x47100  
 Visit our website at [putnamcountynyny.com/osr](http://putnamcountynyny.com/osr)

Monday	Tuesday	Wednesday	Thursday	Friday
				1 HOT DOG ON BUN BAKED BEANS FARM FRESH VEGETABLES WATERMELON
4 <b>CLOSED FOR HOLIDAY</b> 	5 SOUP HAMBURGER ON BUN SWEET POTATO NUGGETS FARM FRESH VEGETABLES BIRTHDAY TREAT	6 SOUP SALMON W/ LEMON SAUCE ORZO PRIMAVERA OR CHEESE PIZZA FARM FRESH VEGETABLES APPLE	7 SOUP MANICOTTI W/ TOMATO SAUCE FARM FRESH VEGETABLES GRAPES	8 SOUP BALSAMIC CHICKEN BREAST SANDWICH W/ ROASTED PEPPERS & MOZZARELLA BROCCOLI SALAD BANANA
11 SOUP ROAST PORK W/ GRAVY FRESH YAM FARM FRESH VEGETABLES MIXED BERRIES	12 SOUP EGG SALAD ON LETTUCE SLICED TOMATOES POTATO SALAD PINEAPPLE	13 TURKEY SHEPHERD'S PIE FARM FRESH VEGETABLES PEAR	14 SOUP OVEN FRIED CHICKEN SWEET POTATOES AND APPLES FARM FRESH VEGETABLES BROWNIE	15 SOUP POTATO CRUSTED POLLOCK CORN O'BRIEN OR CHEESE PIZZA FARM FRESH VEGETABLES MELON
18 SOUP QUICK CHICKEN CORDON BLEU ROSEMARY POTATOES FARM FRESH VEGETABLES ORANGE	19 SOUP ROAST BEEF & PROVOLONE SANDWICH COLESLAW APPLE	20 SOUP FRESH MARKET FISH W/ DILL SAUCE FRESH YAM OR CHEESE PIZZA FARM FRESH VEGETABLES CHOC CHIP COOKIES	21 SOUP LUIGI'S LASAGNA TOSSED SALAD GARLIC KNOT GRAPES	22 SOUP ROAST TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING FARM FRESH VEGETABLES PEAR
25 SOUP SLOPPY JOE SANDWICH SWEET POTATO TOTS FARM FRESH VEGETABLES PUDDING	26 SOUP SWEET AND SOUR PORK COCONUT RICE FARM FRESH VEGETABLES PINEAPPLE	27 BAKED CHICKEN W/ HONEY LEMON SAUCE MASHED POTATOES SPINACH	28 SOUP SPINACH QUICHE TOMATO SALAD BANANA	29 SOUP TUNA SALAD SANDWICH THREE BEAN SALAD APPLE

**SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED.  
 \*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.**