

Putnam County Department of Health



Tick Identification

Date Tick Removed		Contact Person:	
Phone:	Email:		
For PCDOH use only			
Species:	Stage:		Unable to ID: □
Engorged: □		Not Engorged: □	
Date Notified:		Comments:	

Recommendations

- 1. Notify your healthcare provider of the bite and share the results of this identification. In certain circumstances, a single dose of doxycycline after a tick bite may lower your risk of Lyme disease.
- 2. Watch for symptoms for 30 days
 - Mark the date you were bitten, and 30 days after the bite on your calendar
 - Call your healthcare provider if you develop rash, fever, fatigue, headache, muscle pain, or joint swelling and pain
- 3. PCDOH does not recommend testing ticks for specific pathogens (germs) to decide whether to use antibiotics after a tick bite:
 - Results do not come back quickly enough to aid in the decision to offer a single dose of doxycycline for Lyme disease prevention
 - Results may not be reliable. Labs that test ticks are not required to meet the same quality standards as labs that test patients
 - Positive results can be misleading. Even if a tick tests positive, it does not mean that you have been infected
 - Negative results can be misleading. Even if the tick you submitted was negative, it is still possible you have been bitten unknowingly by a different tick that was carrying infection.
- 4. Reduce risk for future tick bites:
 - Prevention resources are available on our website at: https://www.putnamcountyny.com/health/tickborne