Putnam County Medical Reserve Corps

## **Newsletter**

August, 2023



## **Ongoing Training**

#### **Suicide Prevention Course**

- QPR: Question, Persuade, Refer
  - We strongly urge you to take part in the QPR on-line training course to learn how to help your community
  - Please DO NOT forward this link. Training is for Putnam County MRC volunteers only
  - Email your certificate to <a href="mailto:stacey.gussak@putnamcountyny.gov">stacey.gussak@putnamcountyny.gov</a>

### **Volunteer Opportunities**

#### **Naloxone Kits**

- Ongoing
- If you are interested in volunteering to put together Naloxone kits for the community, please email <a href="mailto:stacey.gussak@putnamcountyny.gov">stacey.gussak@putnamcountyny.gov</a>

#### School Supply Program

- Date & Time: Tuesday, 8/22 from 8:30 AM 4 PM & Wednesday 8/23 from 8:30 AM - 6:30 PM
- If you are interested in volunteering, please email <a href="mailto:stacey.gussak@putnamcountyny.gov">stacey.gussak@putnamcountyny.gov</a>

#### Flu Clinics

- Save the date: 9/22/2023 (drive-thru), 9/25/2023 (drive-thru), 10/11/2023, 10/23/2023 (drive-thru)
- More information & signup link will be shared in the coming weeks

## **MRC Volunteer Spotlight**





I joined the MRC in early 2021 as a response to the Covid crisis. As a newly retired physician, I felt a sense of responsibility to do whatever I could to use my medical skills to aid in the fight against this dreaded disease. I quickly felt at ease as a volunteer vaccinator, and greatly enjoyed working with the knowledgeable and efficient Department of Health staff. And I also benefitted personally from the comradeship and friendships I made during the many vaccinations clinics I attended. I have the highest praise for all who worked alongside me until the clinics closed in early 2022. I will continue to happily volunteer further in the future through the MRC in whatever capacity I might be needed. I am both grateful and proud to be a part of the MRC.

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# **Newsletter**

April, 2023



## MRC Celebrates it's 21st Anniversary

Read the below message from the Office of Emergency Management & Medical Operations:

Happy Anniversary, MRC!

For 21 years, MRC volunteers have been helping communities become healthier and better prepared before disasters, supported communities during all kinds of emergencies, and helped communities recover. Established after the events of 9/11, the MRC is a network of more than 800 community-based units located throughout the United States and its territories. Today, more than 300,000 MRC volunteers commit their time, energy, and expertise to keeping keep their communities safe and healthy.

Join us as we celebrate the volunteer medical professionals, public health experts, and others who help make their communities stronger and healthier during disasters and every day.

### MRC Anniversary | Video



## **Medical Reserve Corps:**

Celebrating 21 years of promoting healthier communities before, during, and after disasters