

PUTNAM COUNTY COMMUNITIES THAT CARE COALITION

Prevention Education Materials: A Click Away and For Free

The **Putnam County Communities That Care (CTC)** Coalition is an anti-drug coalition that works to build a safe and healthy family-oriented community, which includes reducing the use of harmful substances by our adolescents. It is composed of individuals from all sectors of the community who work together to reduce risk factors and strengthen protective factors through education, enforcement and policy initiatives. As part of our mission to educate the community, we are sending this letter as a way to provide you with information that you can share with your parents, youth and participants.

Want to find up-to-date videos and books with reliable and informative healthy living strategies for teens and their families? Looking for a good DVD to spark discussion among middle or high school age students? With your Mid-Hudson Library System card, it's all just a click away at <http://hip.midhudson.org> and it's FREE!

The Health Information Project offers the latest DVD's, books, and websites, selected as a result of the long-running Teen Intern Program. This past year, teens worked at 4 area libraries to evaluate materials that focus on a wide variety of topics, from underage drinking, smoking, and drug abuse to bullying, violence prevention and other relevant health and social issues. The result? Materials you can use that come recommended by teens for teens. And, here's how you can get them:

- Click on Request-a-Title and have your selection delivered to your choice of any of the 70 libraries in the Mid-Hudson Library System area
- Borrow materials directly from a Putnam County Health Information Center library: Kent, Mahopac, or Desmond-Fish (Garrison)
- Go to a conveniently located library near you and ask a librarian for assistance.

POPULAR HEALTH INFORMATION PROJECT DVDS

- Cocaine and Heroin: Still Here, Still Deadly – Gr. 7+
- Drugged Driving: The Road to Disaster – Gr. 9 - C -
- Nobody's Perfect: Learning Self-Acceptance – Gr. 5 - 9
- Pharm Parties: A Lethal Mix – Gr. 7 - C
- Ten Signs of Relationship Abuse – Gr. 7+
- Teen Safety: When You Are Alone – Gr. 6+
- Steroids: The True Story – Gr. 7+

The Health Information Project, part of the Mid-Hudson Library System, is funded by the New York State Office of Alcoholism and Substance Abuse Services (OASAS) and in part by Dutchess County Government. For more information, contact Barbara Clapp, Project Coordinator at bclapp@midhudson.org or (845) 471-6060 x223.

Members of CTC are available if you have any questions or would like for us to do a presentation to your organization on this or any other substance abuse trends that affect our children. Please call the Putnam County Youth Bureau at 845-225-6316, Ext. 46117 or the National Council on Alcoholism/Putnam at 845-225-4646, Ext. 11 for further information.

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