



# Department of Health

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MaryEllen Odell  
*County Executive*

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*Interim Commissioner of Health*

## **FOR IMMEDIATE RELEASE**

**Date: January 18, 2018**

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### ***Last, Last Chance Flu Clinic Set for January 30; Infants and elderly most vulnerable***

BREWSTER, NY— The flu is now considered widespread in Putnam County and 49 states around the country, according to the Centers for Disease Control (CDC). Many are seeking vaccination and in some cases supplies are low. The Putnam County Department of Health has scheduled an extra flu clinic to vaccinate those who live or work in New York State, including those aged six months and older.

“The flu is now prevalent not just in Putnam but around the U.S. Anyone who has not been vaccinated should consider getting a shot to protect themselves,” said County Executive MaryEllen Odell. “When you are a senior or very young, the flu can be especially dangerous. It is my hope, Putnam County residents not yet vaccinated will take advantage of this opportunity.”

“Seven pediatric deaths have occurred in the U.S. within the last week, so we have opened up our flu clinic to include vaccination for the youngest residents,” said Interim Health Commissioner Michael J. Nesheiwat, MD., “Contracting the flu when very young or old brings the most serious consequences. If you have a child between six months and three years, please call us to ensure availability of the pediatric vaccine. It is also important to point out that there is some evidence that consistent, annual flu vaccination provides an added protection beyond what is provided in a single shot, especially in the elderly. ”

The clinic is scheduled for Tuesday, January 30, from 2 to 6:30 p.m., at the health department’s main office at 1 Geneva Road in Brewster. The fee is \$25 (cash or check only) or free for those with a Medicare card. In case of inclement weather, call the flu hot line at 845-808-1390 or visit the PCDOH’s

Facebook page at [www.facebook.com/putnamhealth](http://www.facebook.com/putnamhealth) for notification of postponement. Snow date is Thursday, February 1, from 2 to 6:30 p.m. at the health department.

Parents with children from six months to three years of age should call the health department at 845-808-1332 to double check on current availability of the pediatric vaccine.

The mission of the Putnam County Department of Health, nationally accredited by the Public Health Accreditation Board (PHAB), is to improve and protect the health of the Putnam County community, composed of nearly 100,000 residents. Core services include community health assessment, disease surveillance and control, emergency preparedness, environmental health protection, family health promotion and health education. For more information, please visit our County website at [www.putnamcountyny.com](http://www.putnamcountyny.com) ; or visit our social media sites on Facebook at [www.facebook.com/putnamhealth](http://www.facebook.com/putnamhealth) and Twitter @PutnamHealthNY.

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