

2016-12-08 / General Stories

Dozens Partake in Annual Teen Health Day

By Eric Gross



Putnam Public Health Educator Alexa Contreras (center) chats with two young women at the health program—Heather Herring, a student at Dutchess Community College, and Ally Kruppenbacher. Eric Gross

Young people from across the county converged on Carmel FD headquarters Friday for the Putnam Health Department sponsored 3rd annual Teen Health Day.

Teens and adults through the age of 24 visited, many undergoing free and confidential health screenings including HIV and Hepatitis C testing, STD screenings and pregnancy tests.

Representatives from 19 community organizations were also on hand to answer questions from the young people.

Public Health educator Alexa Contreras explained that "no question or concern was off limits."

The Health Department hopes to expand the program to include both sides of the county in 2017.

[Return to top](#)