



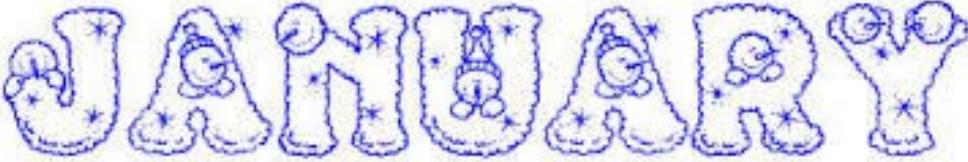
# Office for Senior Resources

## Carmel Friendship

January 2017 — Menu

Carmel...808-1701 Mahopac...808-1738 Cold Spring...265-3952 Putnam Valley...808-1730

For more information about our Programs & Services, please call (845) 808-1700 x47100  
Visit our website at [putnamcountyny.gov/osr](http://putnamcountyny.gov/osr)

Mon	Tue	Wed	Thur	Fri
2 CLOSED FOR HOLIDAY 	3 SOUP HOT PASTRAMI SANDWICH W/ MUSTARD SWEET POTATO NUGGETS COLE SLAW FRESH APPLE	4 SOUP CHICKEN TENDERS TOMATO CREAM SAUCE PENNE CAPRI MIXED VEGETABLES SLICED PEACHES	5 CHILI CON CARNE BAKED POTATO CARROTS CHOCOLATE PUDDING W/ WHIPPED CREAM	6 SOUP BAKED FISH SCANDIA W/ CORN O'BRIEN OR CHEESE PIZZA BROCCOLI PINEAPPLE CHUNKS
9 BEEF STEW BISCUIT FRUIT COCKTAIL	10 SOUP ROAST CHICKEN W/ GRAVY FRUITED RICE PILAF SPINACH BIRTHDAY TREAT	11 SOUP MEATBALLS PARM ON KAISER ROLL BROCCOLI W/ GARLIC FRESH BANANA	12 SOUP LEMON CRUMB FISH W/ BAKED POTATO OR CHEESE PIZZA GREEN BEANS PEACH MELBA	13 SOUP CHICKEN SANDWICH W/ ROASTED PEPPERS MOZZARELLA CHEESE AND BALSAMIC DRESSING SLICED PEARS
16 CLOSED FOR HOLIDAY 	17 SOUP SAUSAGE EGG AND CHEESE ON A ROLL SLICED TOMATOES TROPICAL FRUIT CUP	18 SOUP BBQ CHICKEN SWEET POTATO NUGGETS PEAS OATMEAL COOKIES	19 SOUP FIESTA PORK ORZO W/ SAUTEED ONIONS ITALIAN FLAT BEANS STRAWBERRY ICE CREAM	20 SOUP MEATLOAF W/ GRAVY OVEN BROWNED POTATOES CAULIFLOWER W/ RED PEPPERS APPLESAUCE W/ CINNAMON
23 SOUP HIDDEN CHICKEN BARLEY BABY CARROTS BLUEBERRY PIE	24 SOUP BAKED ZITI W/ MEAT SAUCE CHOPPED SPINACH W/ OIL AND GARLIC PEACHES	25 OPEN FACE TURKEY SANDWICH W/ GRAVY MASHED POTATOES BROCCOLI CLEMENTINE	26 SOUP LENTIL AND RICE STUFFED PEPPERS SPINACH SALAD BANANA CAKE	27 CHINESE NEW YEAR SOUP SWEET AND SOUR PORK ORIENTAL RICE ORIENTAL VEGETABLES PINEAPPLE
30 SOUP POT ROAST W/ GRAVY NOODLES HERBED BROCCOLI & CAULIFLOWER POLONAISE TAPIOCA PUDDING	31 SOUP HAWAIIAN CHICKEN FRESH SWEET POTATO GREEN BEANS FRESH PEAR			

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!  
NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!