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DEPARTMENT OF HEALTH
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FOR IMMEDIATE RELEASE

*** REVISED RELEASE 12/1/11, 4:15pm**

Date: Thursday, December 1, 2011

Contact: Rebecca Wittenberg, RN, BSN
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FREE FLU VACCINE CLINIC

In recognition of National Influenza Vaccination Week, the Putnam County Department of Health is holding a FREE public seasonal flu vaccine clinic on Thursday, December 8, 2011. Flu vaccine was received at no cost from the New York State Department of Health, therefore the shots will be offered free of charge at the December 8th clinic.

It's not too late to vaccinate! Flu season typically peaks in January or February and can last as late as May. Residents who have not yet been vaccinated are encouraged to get their flu shot now. Getting the flu vaccine is simple, and it's the most important thing you can do to protect yourself and your family from the flu. Prescriptions are not required at the December 8 flu clinic and no appointments are necessary. The influenza vaccine for this year contains three strains, including the H1N1 strain.

Anyone 3 years of age and older who lives or works in New York State will be eligible to receive FREE flu vaccine at this clinic. Children under 3 years of age are encouraged to obtain flu vaccinations from their pediatricians. The clinic is scheduled for:

DAY/DATE

Thursday, December 8, 2011

LOCATION

**Carmel Fire Department
Route 52 & Vink Drive
Carmel, NY**

TIME

2:30pm -6:30pm

SAVE TIME! In order to move people through the clinic more quickly, vaccine consent forms are available at www.putnamcountyny.com. Download the forms, complete them and bring them with you to the clinic. Forms will be available at the clinic if you are unable to download them.

NOTE: Clinic doors will not open until 2:30pm. No need to arrive early, flu vaccine supply is plentiful.

Additional seasonal flu clinics may be scheduled in the future. Please continue to check the **Putnam County Department of Health Flu Vaccine Hotline at 845-808-1390** for further updates. You may also visit the Health Department's website at: www.putnamcountyny.com for more information about influenza.