

**ALLEN BEALS, M.D., J.D.**  
*Commissioner of Health*



**MARYELLEN ODELL**  
*County Executive*

**ROBERT MORRIS, P.E.**  
*Director of Environmental Health*

## **DEPARTMENT OF HEALTH**

1 Geneva Road, Brewster, New York 10509

**Phone# (845)-808-1390**

### **FOR IMMEDIATE RELEASE**

**Date: September 10, 2012**

**Contact: Barbara Ilardi, Public Information Officer, 845-808-1390**

### **County Officials First in Line for Flu Shots**

The Department of Health was very busy as the 2012 influenza clinic schedule kicked off.

Executive MaryEllen Odell received her flu shot from Allen Beals, MD, Commissioner of Health, and Legislators Carl L. Albano, District 5, and Vincent Tamagna, District 1, received theirs from public health nurse Jeanette Baldanza, RN, immunization coordinator.

Commissioner Beals encourages everyone six months of age and older to get a flu vaccine. "There is nothing trivial about contracting the flu," said Dr. Beals. "Besides being sick in bed for a number of days at minimum, the flu can be severe or even deadly, particularly for those with chronic medical conditions or those who are elderly or very young."

Putnam residents flocked to the Carmel Fire Department later in the day, Monday, September 10, for the first public flu clinic, open to all Putnam County residents, 18 years of age and older. The next clinics are scheduled for Wednesday, October 10, from 2 pm to 6:30 pm at the Garrison Fire Department, 1616 Route 9, and again at the Carmel Fire Department on Monday, October 15, 2 pm to 6:30 pm, Route 52 and Vink Drive.

The Health Department's mission is to improve and protect the health of Putnam County residents through prevention of illness and injury. For more information, please visit our website at [www.putnamcountyny.com](http://www.putnamcountyny.com); or visit our social media sites on Facebook at [www.facebook.com/putnamhealth](http://www.facebook.com/putnamhealth) and Twitter @PutnamHealthNY.

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