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FOR IMMEDIATE RELEASE

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**SEASONAL FLU VACCINE CLINICS FOR RESIDENTS 19 YEARS
OF AGE AND OLDER**

Brewster - The Putnam County Department of Health will be holding public seasonal flu clinics for **Putnam County residents 19 years of age and older** at the following locations:

<u>DAY/DATE</u>	<u>LOCATION</u>	<u>TIME</u>
Wednesday, September 15	Garrison Fire Department 1616 Route 9, Garrison	2:00pm – 6:30pm
Monday, September 20	Carmel Fire Department Route 52 & Vink Drive, Carmel	2:00pm – 6:30pm
Thursday, October 14	Garrison Fire Department 1616 Route 9, Garrison	2:00pm – 6:30pm
Wednesday, October 20	Carmel Fire Department Route 52 & Vink Drive, Carmel	2:00pm – 6:30pm

The cost of the flu vaccination is \$20.00. Vaccine is free for those age 60 and older or for anyone with a Medicare card. Persons will be asked to provide proof of age and Putnam County residency (Driver's License).

The influenza vaccine for this year contains three strains, including the H1N1 strain.

The Putnam County Health Department will also be offering *High Dose Flu Vaccine* for seniors age 65 and older. Studies have shown this high dose vaccine appears to be more effective in fighting flu for seniors. For more information on this vaccine, speak to your primary care physician or speak to a nurse at one of the public clinics.

Please call the Putnam County Health Department's Flu Vaccine Hotline at (845) 808-1390 for updates including future clinics.

In order to move people through the clinic more quickly, we are posting the required vaccine consent forms at www.putnamcountyny.com. Download the forms, complete them and bring them with you to the clinic.

Any person 18 years old or younger, the Putnam County Department of Health recommends flu vaccination to be administered by the child's healthcare provider. However, eligible children 6 months through 18 years old can receive seasonal flu vaccine through the department's pediatric immunization clinics. Please call 808-1332 for more information.

Additional flu clinics may be scheduled as flu vaccine shipments arrive. Please continue to check the **Putnam County Department of Health Flu Vaccine Hotline at 808-1390** for further updates or visit www.putnamcountyny.com.

Pneumonia vaccine will also be available **free** to those residents **over** 65 years of age. For residents under 65 years, a doctor's prescription is required and a \$45.00 fee will be charged.

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