

# Basics of Positive Parenting

**FREE**  
Sessions for Moms, Dads,  
and Caregivers!



Role Playing  
Exercises, Videos,  
Discussions



If you would like to attend, please plan on attending all three sessions at either library you choose.

Session 1 will cover: Child Development, Goal Setting and Motivating Children, Positive Discipline Strategies

Session 2 will cover: Positive Communication, the value of "Floor Time", Considering Temperament and Personalities

Session 3 will cover: Evaluating Success and Specific Challenges and Behaviors and Self Assessing, or Reflecting on Parenting Skills

## Dates and Locations:

- April 29, May 13, and May 27, Kent Library, 264 Route 52, Kent
- July 22, August 5, and August 19, Mahopac Library, 668 Route 6, Mahopac



**All sessions will be held from 6:00pm—8:00pm**

### Presenters:

*Mary Schreiber and Tatiana Ochoa-Graham*

*Sessions are sponsored by the Child Care Council of Dutchess and Putnam and the Putnam County Department of Health*

**To Register, Call Tatiana: 228-2847 x1023**

**Babysitting will not be provided.**