



Putnam County Youth Bureau Newsletter



January 6th, 2023

Happy 2023!

Snowman Stress Ball



You will need:

- White Balloon
- Funnel/Piece of Paper
- Permanent Markers
- Four/Rice/Sugar/Sand

How to assemble:

Start by inflating your balloon and holding it closed for about 30 seconds. This will stretch out your balloon a bit, allowing more room for your filler. Next, take your funnel, or roll up a piece of paper to create one, and fill your balloon with your choice of flour, rice, sugar, or sand. Fill little by little, pushing down to compact your filler to clear your funnel. Once your stress ball is the desired size, remove the funnel and knot your balloon. Lastly, use permanent markers to add a friendly snowman face and some buttons! *For added durability, after filling and knotting your balloon, snip the top of another white balloon and slip it over top. Draw your face on that balloon.



BUILDING BRIDGES

PLEASE JOIN US FOR A FREE PROGRAM THAT WILL FOCUS ON TEAM WORK, DEALING WITH EMOTIONS AND MOST OF ALL HAVING FUN WITH ART!

WE ARE LOOKING FOR KIDS AGES 12-16 THAT LOVE ART, ARE WILLING TO OPEN UP IN A GROUP SETTING AND WORK WELL WITH OTHERS.

WE WILL BE CREATING PROJECTS AND PUTTING THE COMPLETED ART ON DISPLAY AT THE END OF THE 6 WEEK SESSION. IT WILL RUN FROM JANUARY 12TH THROUGH FEBRUARY 16TH BETWEEN 4:30- 5:30 ON THURSDAYS AT THE PUTNAM COUNTY YOUTH BUREAU 110 OLD ROUTE 6, BUILDING 3 CARMEL, NY 10512

SPACES ARE LIMITED AND ON A FIRST COME FIRST SERVE BASIS. WE LOOK FORWARD TO WORKING WITH YOU!

PLEASE INQUIRE BY EMAILING NAOMI BOWEN NAOMI.BOWEN@PUTNAMCOUNTYNY.GOV

FREE

CONFIDENTIAL

WORK WITH A PEER ON PROJECTS

DEAL WITH EMOTIONS

 **Follow Us** 

Tried anything from this issue? We want to see and hear about it! Follow and share with us on Facebook @Putnam County Youth Bureau and Instagram @PutnamCountyYouth. Have questions or comments? Email us anytime at youthbureauemployees@putnamcountyny.gov

Snowman

Oreo Cookie



You will need:

Oreos
White Candy Melts
Orange Tic-tac's
Parchment Paper
Mini Chocolate Chips

How to assemble:

Begin by lining a baking sheet or tray with parchment paper. Next, add some white candy melts to a microwave-safe bowl and heat for 30 second increments, stirring in between, until completely melted. *Hint: it may help to add a little drizzle of oil to your candy melts before popping them in the microwave to help them melt into a smooth consistency. Carefully remove your melted chocolate from the microwave and begin submerging and covering your Oreos. Allow excess chocolate to drip off, then place them on the parchment paper. Before the melted white candy hardens, add two mini chocolate chips for the eyes and 4-5 for the mouth. For the carrot nose add a Tic-Tac standing up in the center of the Oreo. Allow time for the candy to cool and harden. Enjoy!



Snowman Name

Use the first letter of your name to find your Snowman's first name.

Then use the month you were born to find your snowman's last name.

First Name

A: Twinkle	N: Jingle
B: Mr. Freeze	O: Blizzard
C: Jack Frost	P: Snowflake
D: Frosty	Q: Star
E: Arctic	R: Gingerbread
F: Winter	S: Tinsel
G: Festive	T: Chilly
H: Flurry	U: Icy
I: Mistletoe	V: Festive
J: Snowball	W: Nutcracker
K: Fluffy	X: Holiday
L: Candy	Y: Holly
M: Polar	Z: Twinkle

Last Name

January: Button-Nose	July: Sugarplum-Fairy
February: Winter-Man	August: Numb-Toes
March: Snow-Day	September: Frozen-Pants
April: Cold-Nose	October: Jolly-Drawers
May: Lost-Gloves	November: Cozy-Fire
June: Jingle-Shorts	December: Hot-Cocoa



Snowman

Word Scramble

Unscramble the snowman-themed words below! An answer key is located at the bottom of the page, no peeking!

NRWTIE _____

ALCO _____

OYFSRT _____

ONTUBST _____

TKSISC _____

DLCO _____

TORACR _____

WSON _____

THA _____

ACFSR _____

RENOFZ _____

ETML _____

MOTSCBROKI _____

ELVOGS _____

USFRERLI _____

TIEMTSN _____

Answer Key:
Winter, Coal, Frosty, Buttons, Sticks, Cold, Carrot, Snow, Hat, Scarf, Frozen, Melt, Broomstick, Gloves, Flurries, Mittens